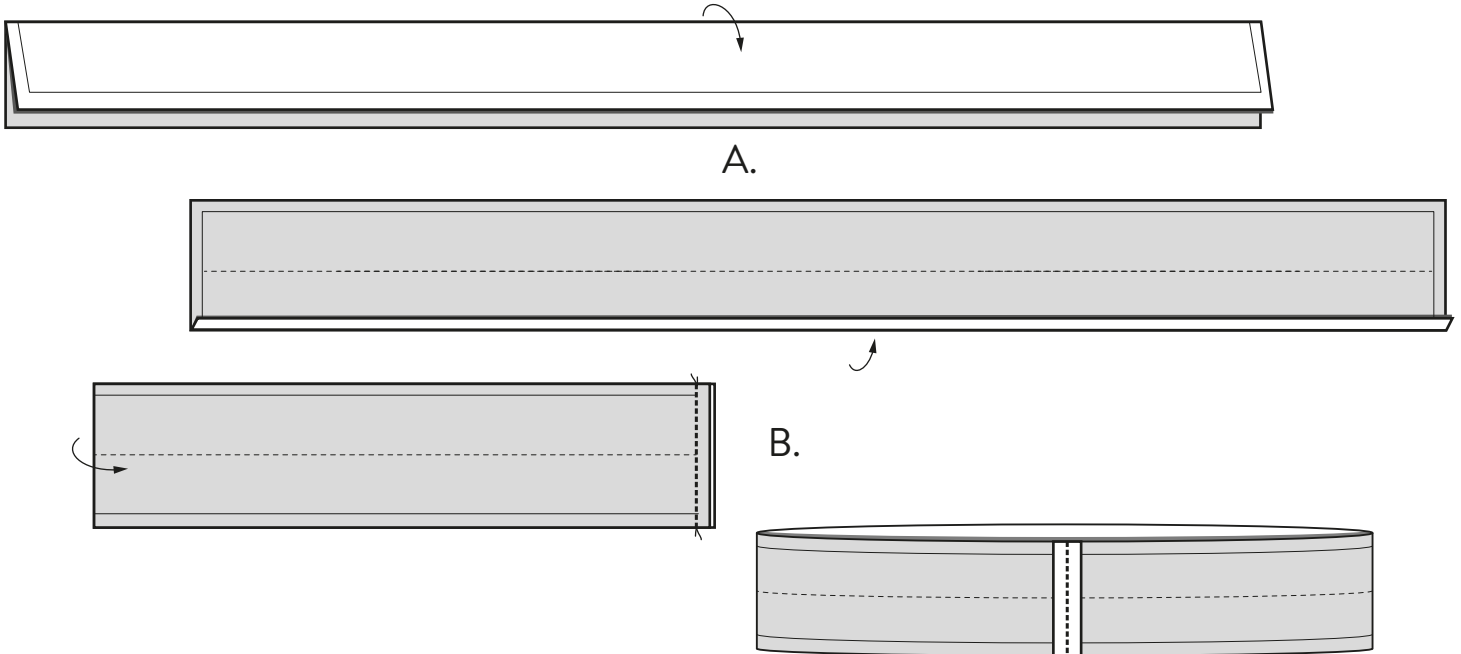


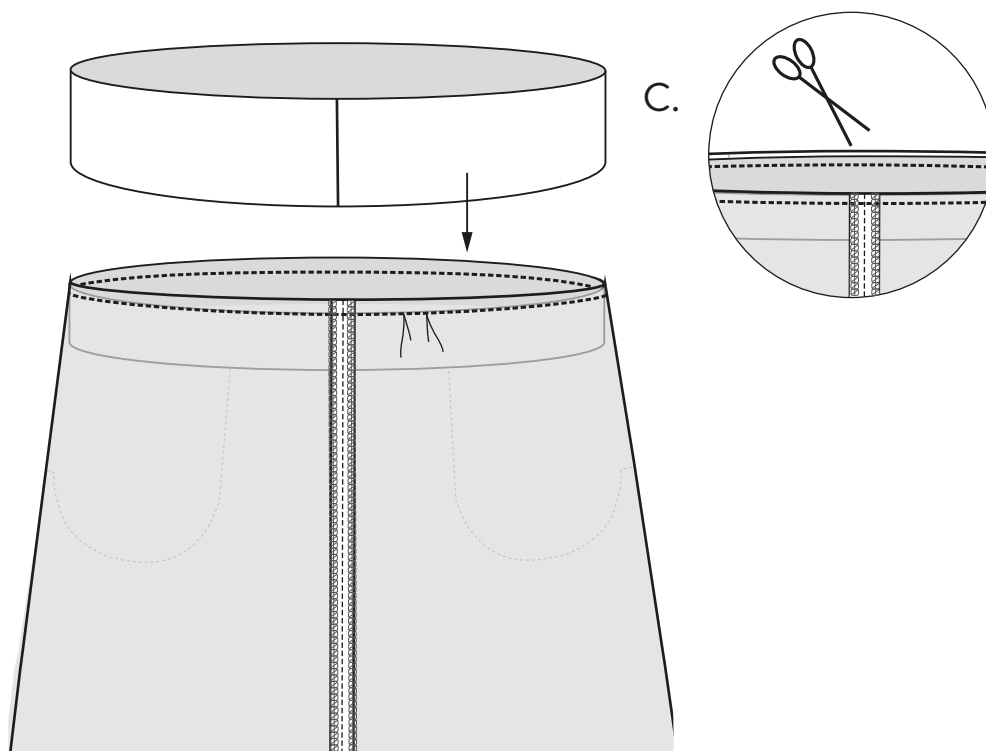
HOW TO ADD A WAISTBAND TO YOUR BARREL DRESS

A. From the right side, fold and press along the centre of the waistband.
From the wrong side, fold up and iron 1 cm alongside one of the longer sides.

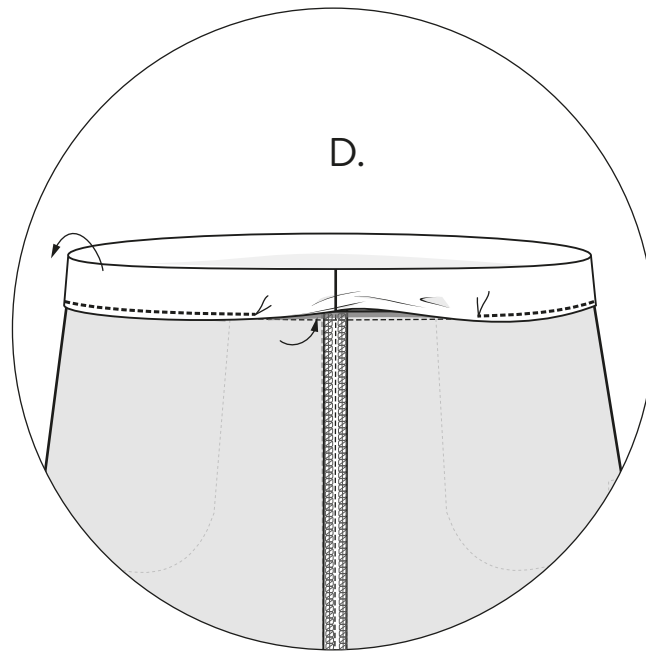
B. Unfold the waistband, and place the short ends of the waistband right sides together.
Sew centre back with 1 cm seam allowance. Split the seam allowance and press.



C. Place the waistband inside the skirt, right sides together, with the non-folded longer side aligning with the waist of the skirt. Match centre front, centre back and the notches.
Pin and sew with 1 cm seam allowance. Cut away approx 0,5 cm of the seam allowance. Press the seam allowance upwards, into the waistband.



D. Re-fold the centre of the waistband and cover the assembling seam you've just made, with the folded longer side. Pin and stitch in the ditch, but leave approx 6-7 cm open to be able to pull the elastic through the casing.



E. Cut the 40 mm waistband elastic at a comfortable length + 1 cm seam allowance**. Pull the elastic through by using a safety pin, and make sure it isn't twisted. Place the elastic together, the edges should overlap 1 cm. Assemble with two seams. Close the opening by stitching in the ditch.

F. Spread the fabric evenly within the waistband and secure it by making a standing stitch on the right side at centre back and at the side seams. Let the waistband relax and slightly press it to make the creases more "flat".

** Your waist measurement + 3cm for comfort + 1 cm seam allowance

Suggested elastic length, incl seam allowance

XS	S	M	L	XL	2XL	3XL
70	78	86	94	104	116	128

